Can body odour and facial symmetry indicate potential sexual rivalry in men?

**BODY ODOUR** can tell a lot about your
- Personality
- Health
- Dominance
- Mate choice

**SYMMETRICAL TRAITS** are known indicators of
- Good health
- Personality
- Attractiveness
- Development

Women tend to prefer the odour of men with symmetrical traits

Odour donors were selected based on degree of facial symmetry

Low symmetry | New T-shirt | High symmetry

They wore fresh T-shirts for 2 consecutive nights and observed dietary and behavioural restrictions

Volunteers evaluated odour samples and donated saliva samples before and after stimulus to measure changes in testosterone levels

Odour of symmetrical men was perceived as more intense, pleasant, and attractive

Physiological Response

Testosterone levels decreased in symmetrical men after perceiving the odour of asymmetrical men

It is likely that testosterone levels decreased because odour of asymmetrical men was perceived as non-threatening. This could have inhibited behavioural responses like...

Men can gauge sexual competitiveness of other men through odour perception, which can vary with facial symmetry.